

Here are some ideas to provide structure as you work your way through my [French program](#). It's important to work on your French at least a little every day. You don't have to spend *hours and hours* on French every day unless you have the time and you enjoy it. You'll be surprised at the difference even 15-30 minutes a day can make!

Be sure to download your French learning schedule and take some time to decide what you want to commit to daily. Print a new one every week and try to mix it up!

I've included ten activities to choose from every day of the week. Don't worry, I'm not suggesting you do all of them! I encourage you to choose activities from the daily lists that you will enjoy and that will diversify your learning experience. All of the LLL activities are included in my program [with the exception of the daily planner](#).

LUNDI

 [French daily planner and self-care journal](#) - 1 page front and back

 L'expression du jour - [Follow LLL on Instagram](#)

 Do a [dictation exercise](#) - *une dictée* - [48 dictations on 4 levels](#).

 Take a [French quiz](#).

 Go to [wordreference](#), look up a random word in French, then read all of the ways it can be used. Scroll to the bottom of the page and read some posts in the forum. You'll be surprised at how much you can learn this way!

- 🎯 Choose and complete a review activity from [Use it or Lose it](#).
- 🎯 [Learn and practice a new verb](#) today in the tense of your choice. Write the conjugation, write a sentence using the verb, and check your work on [Verb2Verbe](#). Post your sentence on [LLL French Academy's Facebook](#) page.
- 🎯 Do an audio drill for listening and speaking practice: [Present tense regular verbs](#)
- 🎯 [Radio France International - Journal en français facile](#): 10-minute news summary every day at 8pm GMT and streamable after that. This program is designed for people learning French featuring very useful transcripts so that you can read along if you need to. The pronunciation is clear and they speak slower than on regular news broadcasts in France.
- 🎯 Get your [Duolingo](#) fix and keep that streak going!

MARDI

- 🎯 [French daily planner and self-care journal](#) - 1 page front and back
- 🎯 L'expression du jour - [Follow LLL on Instagram](#)
- 🎯 Review a difficult grammar lesson or start a new one [@LLL French Academy](#). Click here for [free LLL lessons](#).
- 🎯 Have fun while practicing French with [music](#). There's an option to sign up for free, and you can choose to do music activities at your level.
- 🎯 Take a [French quiz](#).
- 🎯 Write a shopping list in French. Get your [downloadable PDF](#) to print and check off what you need or write your own.
- 🎯 Go to [LLL French Academy's Facebook](#) group page and write what's on your mind today, *en français ou en anglais*. Here's an idea: Write 3

sentences featuring a grammar topic you've been working on. It doesn't matter what your level is, and it's ok to make mistakes. This is a place to connect, share, and ask questions.

🎯 Choose a [different set of exercises every week](#) based on your level and interests.

🎯 [Radio France International - Journal en français facile](#): 10-minute news summary

🎯 Do 5 minutes of [Duolingo](#).

MERCREDI

🎯 [French daily planner and self-care journal](#) - 1 page front and back

🎯 L'expression du jour - [Follow LLL on Instagram](#)

🎯 Take a [French quiz](#).

🎯 Watch a French lesson on [YouTube](#).

🎯 Learn to speak like a native with [Daily French Conversations](#). Learners at any level can learn a lot and benefit from these conversations through context.

🎯 [Learn and practice a new verb](#) today in 1 of 6 tenses. Write the conjugation, write a sentence using the verb, and check your work on [Verb2Verbe](#).

🎯 Do an audio drill: [Passé composé of regular verbs](#)

🎯 Practice a study set on [Quizlet](#).

🎯 [Radio France International - Journal en français facile](#): 10-minute news summary

🎯 Do 5 minutes of [Duolingo](#).

JEUDI

🎯 [French daily planner and self-care journal](#) - 1 page front and back

🎯 L'expression du jour - It's free! [Follow LLL on Instagram](#)

🎯 Practice a study set on [Quizlet](#).

🎯 Take a [French quiz](#)!

🎯 Work on listening comprehension: [Set 1](#) - [Set 2](#)

🎯 Do a [sudoku or crossword puzzle](#) to practice grammar and vocabulary.

🎯 Challenge yourself with a French circling activity: [Beginner Level](#) - [Intermediate Level](#) - [Upper Level](#)

🎯 Have fun while practicing French with [music](#). Choose a new song to challenge yourself today.

🎯 [Radio France International - Journal en français facile](#): 10-minute news summary

🎯 5 minutes of [Duolingo](#).

VENDREDI

🎯 [French daily planner and self-care journal](#) - 1 page front and back

🎯 L'expression du jour - [Follow LLL on Instagram](#)

🎯 Take a [French quiz](#).

- 🎯 Watch a French lesson on [YouTube](#).
- 🎯 Practice a study set on *Jennifer's YouTube Quizlet Class*. There are lots of sets on many different topics which include flash cards, tests, and fun games.
- 🎯 [Learn and practice a new verb](#) today in the tense of your choice. Write the conjugation, write a sentence using the verb, and check your work on [Verb2Verbe](#).
- 🎯 Find a [recipe](#) you like in French and prepare it this weekend.
- 🎯 Do an audio drill: [Passé composé of regular and irregular verbs](#)
- 🎯 [Radio France International - Journal en français facile](#): 10-minute news summary
- 🎯 Do 5 minutes of [Duolingo](#).

SAMEDI

- 🎯 [French daily planner and self-care journal](#) - 1 page front and back
- 🎯 L'expression du jour - [Follow LLL on Instagram](#)
- 🎯 Practice a study set on [Quizlet](#).
- 🎯 Review a difficult lesson or start a new one [@LLL French Academy](#) or click here for [free LLL lessons](#)
- 🎯 Take a [French quiz](#).
- 🎯 Go to [LLL French Academy's Facebook](#) group page and write what's on your mind today, *en français ou en anglais*.
- 🎯 Do a [sudoku or crossword puzzle](#) to practice grammar and vocabulary.

🎯 [Radio France International - Journal en français facile](#): 10-minute news summary

🎯 5 minutes of [Duolingo](#).

DIMANCHE

🎯 [French daily planner and self-care journal](#) - 1 page front and back

🎯 L'expression du jour - It's free! [Follow LLL on Instagram](#)

🎯 Work your way through a set of practice cards from a lesson you want to review [@LLL French Academy](#).

🎯 Do a sentence structure activity: [Levels A1 - B2](#)

🎯 [Watch a movie](#) in French (English subtitles for beginners, French subtitles for intermediate, and no subtitles for advanced).

🎯 [Learn and practice a new verb](#) today in 1 of 6 tenses. Write the conjugation, write a sentence using the verb, and check your work on [Verb2Verbe](#).

🎯 Have fun while practicing French with [music](#).

🎯 Do an audio drill: [Mastering French Pronouns](#)

🎯 Take a [French quiz](#).

🎯 [Radio France International - Journal en français facile](#): 10-minute news summary

🎯 Do 5 minutes of [Duolingo](#).